

NOW LET US FROM THIS TABLE RISE

1

NOW LET US FROM THIS TABLE RISE
RENEWED IN BODY, MIND, AND SOUL;
WITH CHRIST WE DIE AND LIVE AGAIN,
HIS SELFLESS LOVE HAS MADE US WHOLE.

2

WITH MINDS ALERT, UPHELD BY GRACE,
TO SPREAD THE WORD IN SPEECH AND DEED,
WE FOLLOW IN THE STEPS OF CHRIST,
AT ONE WITH ALL IN HOPE AND NEED.

3

TO FILL EACH HUMAN HOUSE WITH LOVE,
IT IS THE SACRAMENT OF CARE;
THE WORK THAT CHRIST BEGAN TO DO
WE HUMBLY PLEDGE OURSELVES TO SHARE.

4

THEN GRANT US GRACE, COMPANION GOD,
TO CHOOSE AGAIN THE PILGRIM WAY
AND HELP US TO ACCEPT WITH JOY
THE CHALLENGE OF TOMORROW'S DAY.